

More Fruits & Vegetables
on The Salad Bar Daily

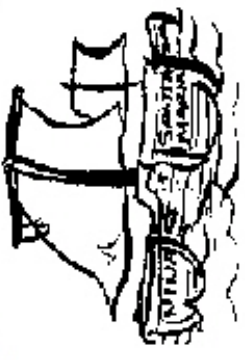


October, 2017

MSAD 58 Lunch Menu

Subject to Change

The Maine Dept. of Education
and the USDA
are equal opportunity providers
and employers

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Dog on a Roll Mashed Potato Green Beans Sliced Peaches Milk	3 Beefaroni W.Gr. Biscuit Toss Salad Fruit Milk	4 Tacos W.K. Corn Refried beans Fruit Milk	5 Grilled Cheese Sandwich Tomato Soup W Gr. Choc Chip Cookie Apple Milk	6 Workshop
9 	10 Chicken Nuggets Hash Browns Broccoli & Cheese Sliced Peaches Milk	11 Shepherd's Pie Slice of Bread Corn Apple Milk	12 Nachos /Cheese Sauce Celery Sticks Strawberry Yogurt Cantaloupe Milk	13 Pepperoni Pizza Potato Wedges Mixed Vegetables Fruit Milk
16 Chicken Patty Sandwich Broccoli & Cheese Sliced Peaches Milk	17 Ground Beef w/ Macaroni W.Gr. Biscuit Toss Salad Fruit Milk	18 Tuna Roll Potato Smiles Cucumber Sticks Ranch Dip Chocolate Cake Milk	19 Meatballs & Gravy Bread Stick Mashed Potato Mixed Vegetables Fruit Milk	20 Macaroni & Cheese Peas Blueberry Muffin Fruit Milk
23 Fun Fish Black Beans & Brown Rice Peas Fruit Cocktail milk	24 Ham & Cheese Sandwich Corn Chowder Fruit Cocktail Milk	25 Tacos W.K. Corn Refried beans Fruit Milk	26 Chicken and Noodles Peas W. Gr Biscuit Fruit Milk	27 Ham & Cheese Pizza Potato Wedges Mixed Vegetables Fruit Milk
30 Ham & Potato Soup Hot Biscuit Fruit Milk	31 Sloppy Joe Potato Smiles Green Beans Watermelon Milk			